

# Frequency Friday

## Spiritual Currency

By: Debra Larson

WHAT it is. And, WHY it is so important. And, HOW the connection to gratitude, beliefs and feelings - the alignment of these energies, dictates whether or not you have an abundant, wealthy, prosperous business and joyful life of pure fulfillment and meaning.

***Spiritual Currency is everything that matters most to you in life that really money can't buy.***

Spiritual Currency is a vibrational state of gratitude that when aligned with your beliefs and thoughts and feelings of a full heart, creates abundance.

So when it comes to money, I want you to relax your thoughts on this idea that abundance and wealth has to come in the form of a green paper bill. Because abundance comes in so many forms!

The interesting part of this, is that the **more you lean into your Spiritual Currency, the more you will attract abundance into your life and the easier money will begin to flow.**

Unfortunately, so many of us go into fear mode, or the mode of thinking we need more money before we fully step into our Spiritual Currency, attracting personal wealth, the **true wealth that resides within**, which is acquired through setting a strong foundation in gratitude.

**"Your physical reality is like a mirror that is tuning into your thoughts. Reflecting back to you what you are thinking and feeling and energetically putting out into the world." - Debra Larson, Divine Leader of Transformation**

Where the challenge begins is when there are limitations within these beliefs and you begin to try to align them with this vibrational state of gratitude, if they aren't congruent, you'll feel challenged. You feel blocked. Unable to attract and become, do or have what you truly desire in life. These blocks show up in your energy field and create other challenges within your body as well. If you feel there are limitations or lack, I want you to begin to shift this misconception into pure gratitude that there is "MORE than enough."

Owning this belief will help you become more aligned. Combine this with your Spiritual Currency, all that you are grateful for, and really FEEL into this with a full heart and watch the floodgates begin to open up for you, full of abundance!

Let's take a moment and lean into this idea that it's not about becoming more abundant than you currently are. It's about connecting with the spiritual currency, **what you are ALREADY abundant IN.** If you are focused on lack, then you will be abundant in lack and you will experience, you guessed it... **ABUNDANCE OF LACK.**

**Let's dive into manifesting a little deeper, in the most simplistic way I can think of to explain . . .**

Everything begins with a thought...So make that thought of pure gratitude by leaning into your Spiritual Currency. Your emotional feelings are what vibrates out into the world into becoming, into Being...So let's make your feelings one of pure joy, bliss, grace by staying in the present moment.

Remember whatever you put out there through your emotions, you get back energetically. The beautiful part of this whole thing is that you can decide to change your frequency if you don't like what is being reflected back to you! It's as simple as shifting into clarity around your Spiritual Currency and feeling into all that you are grateful for!

The other part of making this shift is getting crystal clear on what beliefs no longer serve you and pull them out like weeds. The beautiful part of this whole thing is that you can decide to change your frequency if you don't like what is being reflected back to you! It's as simple as shifting into clarity around your Spiritual Currency and feeling into all that you are grateful for!

The other part of making this shift is getting crystal clear on what beliefs no longer serve you and pull them out like weeds. You can then begin to replace these lower beliefs with ones that feel good to you and are much, much more effective in creating the life and business you desire, so that you can fully step into your purpose.

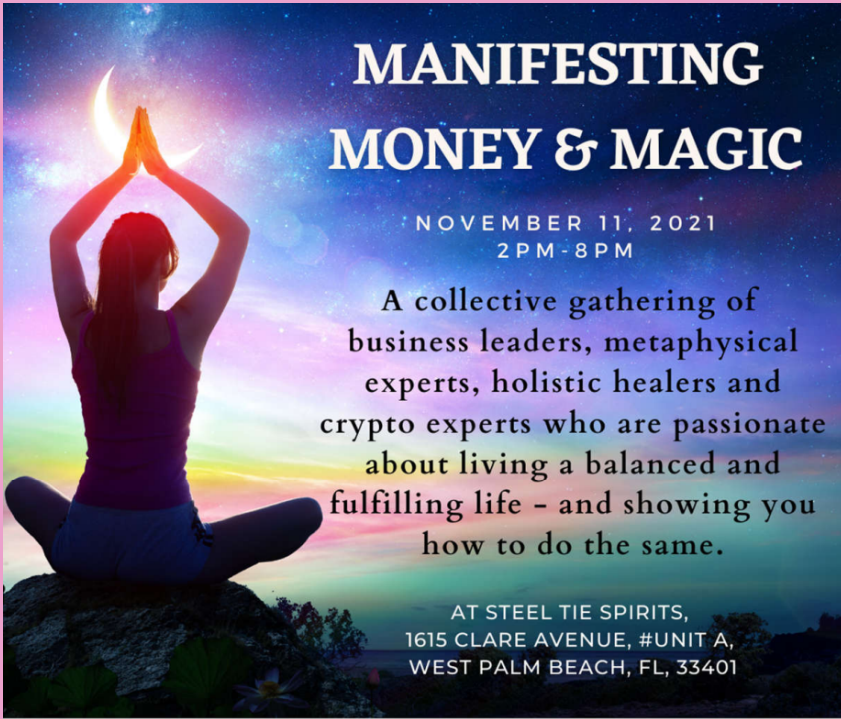
For the full article written by the author, [CLICK HERE](#)

# MANIFESTING MONEY & MAGIC

NOVEMBER 11, 2021  
2PM-8PM

A collective gathering of business leaders, metaphysical experts, holistic healers and crypto experts who are passionate about living a balanced and fulfilling life - and showing you how to do the same.

AT STEEL TIE SPIRITS,  
1615 CLARE AVENUE, #UNIT A,  
WEST PALM BEACH, FL, 33401



Hosted by Financial Frequency & Cosmic Insight  
Join us for this one of a kind event!

For list of vendors, visit: <https://www.vibration432.com/team-4>

Vendor Booths still available! Fee: \$50

- 4' Table with tablecloth & 2 chairs
- On screen advertising

Scan this QR Code (Right)



Come as a guest!

\$20/person

Includes Complimentary hand crafted cocktail & aura imaging

Scan the QR Code (Left)

Come see Yani for a 30-minute yoga workshops!

2:00 – Chair Yoga

2:30 – Restorative Yoga

All proceeds donated to Vibration 432, a 501(c)3 non-profit to heal First Responders with PTSD



Join Yani Daes,  
founder of Soham Yoga  
for one of her yoga workshops:

2:00- 2:30 PM: Chair Yoga

2:30-3:00 PM: Restorative Yoga  
(bring a mat)

Yani is a beautiful person inside & outside and is a n amazing yoga instructor! You don't want to miss the change to practice with her on 11/11!

[www.sohamyoga.net](http://www.sohamyoga.net)

561-601-2525

Tacos Veracruz  
is coming to our event!

I am very excited to announce that Tacos Veracruz will be serving up authentic Mexican cuisine including delicious tacos, burritos & quesadillas made with the freshest ingredients!

[www.tacosveracruz.com](http://www.tacosveracruz.com)



# BUSINESS SPOTLIGHT

Meet Yani! Yani is founder, owner and instructor at her Yoga Studio in West Palm Beach. I first visited her studio in 2018 when I saw that she offered Aerial Yoga - if you have never tried Aerial Yoga - it is so much fun and a really great workout. She is always adding different types of classes and recently started to offer TRX Strength & Cardio as well as Lyra Hoop! Soham Yoga offers a wide variety of classes including:

- Aerial & Aerial Dance
- Chair
- Gentle
- Ashtanga
- Yin Yang
- Candlelight
- Balance & Stetching
- Sound Bath Mediation
- Lyra Hoop
- TRX Strength & Cardio

Soham Yoga also offers Yoga Teacher Training throughout the year.

561.601.2525

[www.sohamyoga.net](http://www.sohamyoga.net)

543 N State Rd 7, Suite 109, Royal Palm Beach, FL 33411

## YEAR END TAX PLANNING!

It's hard to believe that we are in 4th Quarter already and it's the perfect time for year-end tax planning!

To schedule your Year-End Tax Planning appointments, Click the link below:

[Individuals](#)

[Businesses](#)

## IMPORTANT NEW REQUIREMENT

### **ALL EMPLOYERS PLEASE READ!!!!**

Effective October 1st, The FL Department of Revenue is requiring **ALL EMPLOYERS** to report new hires for Independent Contractors within 20 days of retaining their services! Employers must provide the contractors name, SSN, date of birth and address to the FL DOR within this timeframe.

[CLICK HERE](#) for statute!

More details will follow next week!

**#TEAMJILL  
NOW  
HIRING!**

## LOOKING FOR A ROCK STAR!

**Come join our team! Our firm is now hiring!**

### **Tax Preparer/Bookkeeper:**

**#TEAMJILL** Is looking for an experienced professional with the following experience:

- 2 + years experience in tax season and tax preparation experience
- 2 + years of Bookkeeping experience both Quickbooks Online & Desktop
- Payroll processing and reporting
- Positive attitude is a must!

We offer 401(k), health insurance, PTO, remote working opportunities & fun bonus Team Building events!

Qualified applicants, please email resumes to [Chammerton@d-acpa.com](mailto:Chammerton@d-acpa.com)



# Cosmic Crypto Mojo

WITH ASTROLOGER & NUMEROLOGIST HATTIE PARKER, MS,ED  
A CRYPTO PRIMER: EARTHBOUND AND CELESTIAL NEWS AND VIEWS

## Get Your Cosmic Crypto Mojo On *Cosmic Mojo and the 11/11 Event*

Have you ever wondered why Jill, an accounting/tax professional, includes a Cosmic Mojo column in her newsletter?

Jill fundamentally understands that everything is connected to everything. Those among this readership who have worked directly with her know that an appointment with Jill is not going to just be about balance sheets and tax deadlines. Thus, it fits that the mini trade show being hosted by Jill and my business, Cosmic Insight, LLC will offer the opportunity to connect with vendors who offer a very broad based range of services including but not limited to: investing, yoga, intuitive counseling and aura imaging. You will also be able to purchase Jill's Energy balancing tea, (a product she has developed with the intent of having it support her non-profit goals).

I encourage you to buy a ticket, mark your calendar, and come with an open and exploratory mindset. The distillery location is exciting and the lineup of vendors and speakers is extraordinarily eclectic and interesting. I will be present offering mini aura imaging sessions (with the opportunity to sign up for more in-depth follow up sessions). I will do this with the intent of offering you the opportunity to gain a deeper understanding of how a visual image of one's aura (energy field) imparts the benefits that are expressed in the concept that a picture is worth a 1000 words. Jill's non-profit Vibration 432, Inc, exists to help first responders suffering from PTSD. When you experience seeing your own aura image you will gain insight into how this process can be profoundly helpful in tracking the progress of a recovery program. Aura imaging will be just one of the many unique learning opportunities to encounter at the Manifesting Money and Magic Event. I look forward to seeing you there.

Buy your tickets by following the ticket link at: [Vibration342.com](http://Vibration342.com). There are still a very limited number of vendor spaces available the sign-up information can also be found on the website. Feel free to call (732)-859-2134 if you have questions.



Here is a list of vendors  
we have so far:

- Hattie Parker, Cosmic Insight Numerologist, Astrologer, Taro Card & Aura Reader
- Jill DiSalvo, Financial Frequency - Holistic Accountant & Business Coach
- Nora Farrell Minichino, Farrell PR
- Kathy Bennett, Energy Therapist
- Yani Daes, Soham Yoga
- Tina Bunchuk, Juice Plus & Living Towers
- Tea 4 Chi, Chakra Tea
- The Salt Suite, PBG
- Robert Wood, Spirit Aura - Palmistry, Gem Stone Reader, Meditation, Relationship & Prosperity Consultant
- Jennifer Treasure - Treasure Training - Personal Fitness Trainer
- Chelsea Howell, Palm Beach Mortgage Group
- Marsha Stephenson, New York Life
- Patricia Grude, Your Body Reflexions - Energy Therapist, Reflexologist & Massage
- Darlis Mayes, Akashic Records & Crypto Consultant
- Michael Torres, Success Work -Crypto Consultant
- Nicole Karuzas, Nicole's Getaway Dream